# Case Study: Utilizing APPs to Maintain Psychiatric Care



# Challenge

A fully accredited teaching facility that provides psychiatric care to patients was faced with unexpected and upcoming retirement of psychiatrists. The facility specialized in long-term care and needed to quickly obtain and train staff to maintain the care of their patients.

#### **Solution**

In need of staffing assistance, the hospital partnered with LocumTenens.com, which quickly identified and credentialed four highly-qualified psychiatric nurse practitioners to deploy to their workforce. Because this facility operates in a state that does not allow NPs to practice autonomously, the existing full-time physicians on staff supervised them.

### Results

This is the first time this facility used locum tenens providers, and the credentialing and onboarding process was rapid and seamless. Thanks to this timely workforce solution, the facility was able to maintain continuity of care without disruption. Today, it continues to fulfill its government-contracted purpose of providing quality care to its patient community.



## **Benefits**

- Staggering start dates of these clinicians allowed an easy transition for existing staff by avoiding an overwhelming imbalance of care and training needs.
- Psychiatric NPs are a more **cost-effective** option in a temporary or permanent capacity if budget is a consideration.
- Having four APPs allowed for more flexibility and patient coverage than with the prior arrangement involving two MDs.

