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Why not both?

A physician's case for pairing locum tenens work with non-clinical consulting

Dr. Randall Gibb

Dr. Randall Gibb, a gynecologic oncologist, doesn't treat clinical and non-clinical work as competing uses of his time. He works locum tenens assignments through LocumTenens.com and shares his expertise through consulting and research projects with Inlightened, and he sees the two as pieces of the same career. Below he describes why it works and tips to interested clinicians.



Two paths, one career

What is locum tenens?

Locum tenens is temporary clinical work. Instead of committing to a single, permanent position, a physician takes on assignments, ranging from a few days to several months, at hospitals and clinics that need coverage. The physician chooses which assignments to accept, where, and when. That structure gives clinicians control over their schedule, their location, and even the specialty setting they work in — without giving up clinical practice.

What is non-clinical, consulting-style work?

Non-clinical work covers paid opportunities that draw on a physician's clinical expertise without involving direct patient care. Through platforms like Inlightened, this can mean advisory calls, market research interviews, or consulting projects for life sciences and health tech companies that need a practicing clinician's perspective to guide their decisions. It's a way to put the same expertise to work in a different room, oftentimes remotely, or on the provider's schedule. Dr. Gibb does both. The rest of this piece is his own account of why that combination works for him.

It fits because he makes it fit.

Every curious physician asks the same first question: where does the time come from? For Dr. Gibb, his honest answer is that it barely feels like a separate commitment. "I find these activities to be aligned nicely with my other work," he said. "Just like my locums work, I can decide if the scheduled activity fits my timing and meets my learning expectations. I really do not equate them with work per se, but more as self-time since I believe I grow as a physician when I am learning."



The spark.

As a person who is excited by actively learning about my sub-specialty, I find opportunities like Inlightened to offer additional forums in this endeavor.

> *Medicine allows for a variety of avenues to participate in activities outside the traditional hospital and/or clinic setting. Not only do I enjoy learning from others, but I also enjoy sharing my thoughts and perspectives with others. I find this very intellectually stimulating."*



Dr. Gibb's advice to the curious:

- Physicians should not overthink the decision to participate.
- Inlightened proactively learns experts' preferences and only presents opportunities that align with their interests and expertise.
- These engagements are lower pressure and less demanding than many day-to-day patient care responsibilities.
- Opportunities provide an additional way to apply clinical expertise outside of traditional practice settings.
- Participation allows physicians to contribute their knowledge in new and meaningful ways.
- These experiences can support both personal and professional growth.

Same expertise, different room.

Clinical work channels expertise into patient care and into training residents and fellows.

Consulting sends it somewhere else entirely: a room full of industry colleagues outside your usual circle.

> *Participation in these activities allows one to share their experiences with a broad base of colleagues outside of your usual sphere of influence. I am always amazed at what one can learn from others when shared, and how resourceful many of us are as clinicians given the diversity of care settings in which we all work."*

Lower stakes, real value.

Dr. Gibb is candid that consulting isn't a substitute for locum tenens or employed practice. Instead, by blending all three, he's creating a career that delivers more value and fulfillment than ever before. "I do believe that this complements my current work-related activities, but in a different way, as a learning opportunity," he said. With Inlightened, Dr. Gibb was sought out for his unique perspective, to provide his insights, and help clients understand the solutions they're building.

About LocumTenens.com

LocumTenens.com connects physicians, advanced practice clinicians, social workers, psychologists and CRNAs with temporary assignments at healthcare facilities across the country. Since 1995, it has helped clinicians build careers on their own terms, choosing when, where and how often they work, while helping facilities fill staffing gaps with qualified, credentialed providers. Learn more at LocumTenens.com.

About Inlightened

Inlightened connects healthcare professionals with life sciences and health tech companies for paid, non-clinical work, including consulting, advisory, and market research engagements. Its network includes clinicians, industry executives, payers, policymakers, scientists, and engineers who share their real-world expertise to help innovators validate ideas and make faster, evidence-backed decisions. Learn more at *www.getinlightened.com.*

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